

ARE YOU WHISTLE WORTHY?

TRAINED TO SAVE LIVES



Red Cross Blended Learning Lifeguard Certification with Administering Emergency Oxygen

PARTICIPANTS MUST PASS SWIM TEST TO PARTICIPATE IN COURSE.

- Treading water for 2 minutes
- Swim continuously for 300 yards using Breaststroke and Freestyle
- Timed event of 1 min and 40 seconds to retrieve a 10lb object from bottom of lap pool depth at 7/10ft and return to starting point

Upcoming certification classes:

May 5th-7th - Hattiesburg branch
Fri. 5pm to 8pm , Sat-Sun. 8am to 6pm

Call to register today! 601-583-4000

The Family YMCA Hattiesburg

MUST BE 15+ TO PARTICIPATE.

THE FAMILY YMCA OF SOUTHEAST MS

Branches in Hattiesburg and Petal

For more information contact Tiffany Goin at tgoin@ymcasems.org or call 601-583-9399.

Fees: Member \$ 225

Non-Member \$ 300