



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Swim and Play

Pool Parties @ the Y
Hattiesburg



AQUATICS INFORMATION

Pool Sizes and Gallons

Our lap pools are 6 lane, 25 yard pools. Depths start at 3.5' and go to 10'. Each pool holds about 170,000 gallons of water.

The Hattiesburg Spa holds about 2000 gallons. The Petal Warm Water Pool holds about 7700 gallons of water.

Temperatures

The lap pools are held between 82 and 84 degrees. The Hattiesburg Spa is kept at a maximum of 102 degrees, while the Petal Warm Water Pool is kept about 93 degrees.

Spa Cleaning Schedule (Hattiesburg)

The Spa in Hattiesburg will be closed for cleaning on Thursdays between the hours of 1:30 and 4 pm. In order to have the healthiest water possible, the spa will also be drained as needed to protect the health of our members and guests.

Hourly Breaks for Single Lifeguards

During the school year, there will be periods where only 1 lifeguard is on duty. To keep our members and guests as safe as possible, they will take a code mandated break for 10 minutes every hour during that time. This code is required by YMCA of the USA. Should that break occur during your time in the pool, you will be asked to exit the pool for 10 minutes.

Surveillance Cameras

To help ensure safety and the best environment possible, each pool has a camera system that records continuously.

Recreational Water Illnesses

To help keep our water clean and safe, please do not swim if you have diarrhea. Infants must wear swim diapers while in the pool. Also, please observe the following:

- Don't swim if you've had Diarrhea in the last two weeks
- Don't swallow pool water
- Take a soap shower before swimming
- Have children take frequent bathroom breaks

Circle Swimming

Often times there is plenty of space in the pool to allow you to have your own lane. During our peak hours, we may ask you to share a lane with other swimmers. Here are a few tips when Circle Swimming:

- Find a lane with a swimmer that matches your speed
- Keep to your right when swimming
- Pass in the middle and pass quickly
- Wait until the other swimmer is at the wall, then ask to share the lane

Drowning is the 2nd leading cause of death among children ages 1 to 4. Where do most child drownings occur? **Home swimming pools.**

ENJOYING WATER SAFELY



Minimum Age to Use the Pool Alone

Children must be at least 10 years old and able to pass the swim test to be in the pool by themselves. A responsible individual at least 18 years old must be in the building at all times when an eligible child is alone in the pool.

Swim Testing Policy

The Y reserves the right to swim test any individual that uses the pool. Certain groups, like pool parties, will be swim tested before entering the water.

Our swim test is a 15 yard swim. It must be swam on top of the water, without support and without stopping. Swimmers will be placed in one of three categories:

Green Arm Band

Unrestricted access to the pool

Red Arm Band

Swimmer is at least 4' tall and will be restricted to the shallow end

Lifejacket

Swimmer is less than 4' tall and will be restricted to the shallow end

Active Supervision

Children in lifejackets must have a responsible older individual in the water within arms reach at all times.

Diving

Diving is only allowed in the deep end. Divers must dive from the deep end wall, not the sides of the pool.

Starting Blocks

Starting blocks are only to be used under the direct supervision of a Y swim instructor or swim coach.

Please see the Pool Rules sign for more information. The lifeguard's job is to keep everyone in the pool safe. Please be respectful and obey the lifeguard when they provide directions.

Prolonged Breath Holding

Prolonged breath holding is a dangerous activity that isn't shown to have any physical benefits. For the safety of all, prolonged breath holding is not allowed.

Pool Toys

Pool toys are allowed provided they don't affect the safety of other swimmers. To find out if your toy is allowed, please see the lifeguard.

The Spa (Hattiesburg)

Our Spa is an excellent place to relax or rest sore muscles after a workout. You must be 18 years old to use the spa.

The Warm Water Pool (Petal)

Our Warm Water Pool is a great option for low intensity water workouts or just for relaxing. Children are allowed, but they must be able to stand with their mouth out of the water to use the Warm Water Pool without a lifejacket. A responsible individual at least 18 years old must be in the water with them at all times, regardless if they wear a lifejacket or not.

SCUBA Equipment Use

Air tanks used in SCUBA diving can be dangerous when improperly handled. For the safety of everyone that uses the pool, divers can use all SCUBA related equipment except compressed air tanks. This doesn't apply to Y sponsored SCUBA classes.

Lightning

The Y follows the American Meteorological Society recommendations. When there is thunder followed by lightning in within 30 seconds, the pool will be cleared until 30 minutes have passed from the last occurrence of lightning in this time frame.



Introducing



Wibit is our awesomely fun inflatable! Book your party on Saturday and Sunday afternoons to increase the fun level!

Celebrate with the Y. Host a pool party.

Make your next celebration a SPLASH in a safe, supervised and clean environment.

Registration & Scheduling

To schedule your pool party, please see the Member Service desk at either YMCA location. Payment required to reserve a pool time.

YMCA Member party reservations are refundable with at least 1 week notice of cancellation. Non-Member reservations are not refundable, but may be rescheduled.

Rates

Reservation rates are based on a 1 1/2 hour party time. Additional time

May be reserved for \$20 per additional 30 minutes. The minimum

Additional fee is \$20.

# of Swimmers	Member	Non-Member
1 to 15	\$65	\$95
16 to 20	\$80	\$110
21 to 25*	\$95	\$125

**For each additional swimmer, above 25, members will be charged \$3 and non-members will be charged \$5.*

Available Pool Party Times

Pool parties are generally available on weekends. Party hours are:

Fridays between 6 and 7:45 pm

Saturdays between 11 am and 3:30 pm

Sundays between 1:15 and 4:30 pm

If you are looking for a reservation time outside of the above hours, please Contact Dewey Case at 601-583-4000. Reservations beyond these hours may be made on a case by case basis. Additional fees will apply.

What to Bring

Plan to bring your own food & drink, plates, napkins & utensils, party favors and decorations, towels for swimmers, and plenty of smiles! There is no kitchen access, so plan your hot and cold foods accordingly. We try to keep our party area as clean as possible, so please help us by not using any decoration that may mark the walls or tables.

What NOT to Bring

For everyone's safety we ask that any glass items or large pool toys that may block the view of the lifeguard be left at home. Check with the lifeguards on duty to find out if a particular pool toy is allowed.

Safety Rules & Orientation

Details concerning our water safety and swim testing policies can be found on the reverse side of this page. The lifeguards on duty will review this list with the party participants before entering the water. Lifeguards will also swim test each swimmer.

Host & Guest Check In

On the day of the party, each person attending will need to check in at the Y Member Service desk. For those under 18, a parent or guardian will need to check the attendee in, and escort them to the pool deck. The party host will be responsible for ensuring all attendees are supervised and picked up.





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Pool Party Registration

Location of Pool Party: Hattiesburg Petal

Host / Organizer Name: _____

Home Address: _____ City: _____ State: _____ Zip: _____

Best Contact Phone Number: _____ Host Date or Birth: ____ / ____ / ____

Host Emergency Contact: _____ Phone: _____

Email address: _____ May we add you to our mailing list? Y / N

Date of Party: ____ / ____ / ____ # of Swimmers: _____

Party Start / End Time: _____ AM / PM Extra Time: Y / N Amount of time: _____

Please read each of the below and initial

Host Initials I agree to defend, indemnify and hold harmless The Family YMCA of Southeast Mississippi, Inc., its directors, officers, employees, agents, volunteers, representatives and members of the Association (and its affiliated corporations) from all liability, loss or damage whatever from any cause which may arise from the use of the facilities, premises or activities in and about the same by Party Organizer/Host or their representatives or invitees.

Host Initials I have read and understood The Family YMCA of Southeast Mississippi, Inc. Enjoying Water Safely. I understand that these rules will be covered in a safety orientation provided by the lifeguard staff prior to the party entering the water.

Host Initials I understand that all swimmers, or their parent(s) / legal guardian(s) must sign the Pool Party Permission for Attendance and Release of The Family YMCA of Southeast Mississippi from Liability. I understand that swimmers not having this permission may not be allowed to enter the water.

Party Organizer / Host Signature: _____ Date: ____ / ____ / ____

Office Information:

Date: _____ Rec# _____ Amount _____ Check / Card / Cash Staff _____

WEB RESOURCES

YMCA of Southeast Mississippi
www.ymcasems.org

YMCA of the USA
www.ymca.net

YMCA Hub Fins
www.yhubfins.org

American Red Cross
www.redcross.org

USA Swimming
www.usaswimming.org

Centers for Disease Control Healthy Swimming
www.cdc.gov/healthywater/swimming

Lifeguards Without Borders
www.lifeguardswithoutborders.org

State of Mississippi Dept. of Health
<http://www.msdh.state.ms.us/>

National Drowning Prevention Alliance
www.ndpa.org

National Water Safety Month
www.nationalwatersafetymonth.org

Water Safety USA
www.watersafetyusa.org

Pool and Hot Tub Alliance
www.phta.org

United States Lifesaving Association
www.usla.org

International Lifesaving Federation
www.ilsf.org

Pool Safely
www.poolsafely.gov

Not Out of the Water
www.notoutofthewater.com