



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PETAL POOL SCHEDULE

August to November 2019

Schedule subject to change

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30 to 8 am Open Swim (Pool opens at 5:15 am on T/Th only)					7 to 8 am	1 to 4:45 pm Open Swim	
8 to 9 am Water Aerobics Lap Swim	8 to 9 am AquaDance Lap Swim	8 to 9 am Water Aerobics Lap Swim	8 to 9 am AquaDance Lap Swim	8 to 9 am Water Aerobics Lap Swim	8 to 10:30 am YHF Swim Practice Lap Swim		
9 to 10 am Open Swim Therapeutic H2O (Warm Water Pool)	9 am to 3:30 pm Open Swim	9 to 10 am Open Swim Therapeutic H2O (Warm Water Pool)	9 am to 3:30 pm Open Swim	9 to 10 am Open Swim Therapeutic H2O (Warm Water Pool)	10:30 am to Noon Petal High School Swim Practice (4 Lanes) Open Swim		
10 am to 3:30 pm Open Swim	3:30 to 6 pm YHF Swim Practice Open Swim	7 to 8:45 pm Open Swim	3:30 to 6 pm YHF Swim Practice (4 Lanes) Open Swim	10 am to 5 pm Open Swim	Noon to 4:45 pm Open Swim		
3:30 to 6 pm YHF Swim Practice Open Swim	6 to 7:30 pm PHS Swim Practice (4 Lanes) Open Swim		6 to 7 pm AquaHIIT Open Swim	5 to 7:45 pm Open Swim			
6 to 7:30 pm PHS Swim Practice (4 Lanes) Open Swim	6 to 7:30 pm Open Swim			PHS Swim Practice 6-7:30 pm (4 Lanes)			
					Important Notes		
					<p>YHF = Y Hub Fins Swim Team</p> <p>Open Swim = times available for play w/ at least 1 lane available for lap swimming</p> <p>Swim School sessions are not reflected on this schedule. Please see the Aquatics Programs poster for times.</p>		

Pool Rules

Children must be 10 to be in the pool alone
Children in lifejackets must have a parent in the water and within arms reach at all times
Diving allowed from deep end wall only

Warm Water Pool Rules

Children 12 and under must be supervised by an adult at all times. Any child using the Warm Water Pool, who cannot stand with their mouth out of the water, is required to wear a lifejacket and have a parent in the water at all times.

No diving is allowed.

Required Lifeguard Breaks

When only 1 lifeguard is on duty, the lifeguard is required by Y-USA adopted code to take a 10 minute break at the :50 minute mark of each hour.

During this break, all swimmers may be asked to clear the pool and exit the pool deck.

Our single lifeguard shifts are traditionally scheduled between the hours of 9 am and 3 pm, Monday through Friday, during the school year.

Periodically, only one lifeguard may be scheduled during non-peak times during summer.



Financial assistance is available through funding from the United Way of Southeast Mississippi.