



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

PETAL POOL SCHEDULE

Spring Semester 2019

Schedule subject to change

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 - 8 am Lap Swim & Adult Use						
8 to 9 am Water Aerobics Lap Swim	8 to 9 am AquaDance Lap Swim	8 to 9 am Water Aerobics Lap Swim	8 to 9 am AquaDance	8 to 9 am Water Aerobics	7 - 10 am Lap Swim	1 - 4:45 pm Open Swim
9 to 10 am Open Swim Therapeutic H2O (Warm Water Pool)	9 am to 3:30 pm Open Swim	9 to 10 am Open Swim Therapeutic H2O (Warm Water Pool)	9 am to 3:30 pm Open Swim	9 to 10 am Open Swim	10 am - 4:45 pm Open Swim	
10 am to 3:30 pm Open Swim		10 am to 8:45 pm Open Swim	3:30 to 6 pm YHF Swim Practice (Start date TBA) Open Swim	10 am to 3:30 pm		
3:30 to 6 pm YHF Swim Practice (Start date TBA) Open Swim	6 to 8:45 pm Open Swim		6 to 8:45 pm Open Swim	Important Notes YHF = Y Hub Fins Swim Team. Depending on attendance, a lane may be available for lap swimming. Please see the lifeguard staff. Open Swim = times available for play w/ at least 1 lane available for lap swimming Swim School classes are not reflected on this schedule. Please see the Aquatics		
6 to 8:45 pm Open Swim						

Pool Rules

- Children must be 10 to be in the pool alone.
- Children in lifejackets must have a parent in the water and within arms reach at all times.
- Diving allowed from deep end wall only.
- Prolonged breath holding is not allowed.

Warm Water Pool Rules

Children 12 and under must be supervised by an adult at all times. Any child using the Warm Water Pool, who cannot stand with their mouth out of the water, is required to wear a lifejacket and have a parent in the water at all times.

Required Lifeguard Breaks

When only 1 lifeguard is on duty, the lifeguard is required by Y-USA adopted code to take a 10 minute break each hour. This break will be taken at the :50 minute mark.

During this break, all swimmers may be asked to clear the pool and exit the pool deck.

Our single lifeguard shifts are traditionally scheduled between the hours of 9 am and 3 pm, Monday through Friday.

Periodically, please note that only 1 lifeguard may be on duty during other times of the day



Financial assistance for all programs is available through funding from The YMCA Campaign for Youth & Families and The United Way of Southeast MS.