



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HATTIESBURG POOL SCHEDULE

Nov. '20 to Jan. '21
Schedule subject to change

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 to 8 am Lap Swim & Adult Fitness Use					8 am to Noon Saturday Swim School Small Groups Open Swim	Currently Closed.
8 to 9 am WaterFit Open Swim	8 to 9 am Open Swim	8 to 9 am WaterFit Open Swim	8 to 9 am Open Swim	8 to 9 am WaterFit Open Swim		
10 am to 11 am Water Survival Open Swim	9 to 10 am WaterFit Open Swim	9 am to 1 pm Open Swim	9 to 10 am WaterFit Open Swim	9 am to 3:30 pm Open Swim		
11 am to 3 pm Open Swim	10 am to 3 pm Open Swim	1 to 2 pm Y Afterschool Water Safety Class Open Swim	10 am to 3 pm Open Swim	3:30 to 6:30 pm YHF Swim Practice		
3 to 6:30 pm YHF Swim Practice Lap Swim	3 to 6 pm Swim School Small Groups YHF Swim Practice Limited Lap Swim	2 to 3:30 pm Y Afterschool Water Safety Class Open Swim	3 to 6 pm Swim School Small Groups YHF Swim Practice Limited Lap Swim	6:30 to 7:45 pm Open Swim	Currently Closed on Saturday Afternoons.	
6:30 to 7:30 pm YHF Swim Practice Oak Grove HS Swim Practice Limited Lap Swim	6 to 7 pm WaterFit YHF Swim Practice (Ends at 7:30 pm) Swim School Small Groups Oak Grove HS Swim Practice	3 to 6 pm YHF Swim Practice Lap Swim	6 to 7 pm WaterFit YHF Swim Practice (Ends at 7:30 pm) Swim School Small Groups	<p style="text-align: center;">Due to the ongoing COVID-19 pandemic, this schedule is subject to sudden change.</p> <p style="text-align: center;">Please make every attempt to follow Social Distancing guidelines.</p>		
7:30 to 8 pm Open Swim	7 to 8 pm Open Swim	6 to 8 pm YHF Swim Practice (ends @ 7:30 pm) Water Survival (6 to 7 pm) Open Swim	7 to 8 pm Open Swim			

Pool Rules

- Children must be 10 to be in the pool alone
- Children in lifejackets must have a parent in the water and within arms reach at all times
- Diving allowed from deep end wall only
- Prolonged breath holding is not allowed

Using the Spa

You must be 18 years old or older to use the spa.

For your health, please limit the use of the spa to 15 minutes or less. Consult your physician before using the spa if:

- you are pregnant
- you have high blood pressure
- you have a history of heart problems
- you have any other medical condition

Required Lifeguard Breaks

When only 1 lifeguard is on duty, the lifeguard is required by Y-USA adopted code to take a 10 minute break each hour at the :50 minute mark.

Schedule Notes

YHF = Y Hub Fins Swim Team. Depending on attendance, a lane may be available for lap swimming. Please see the lifeguard staff.

Open Swim = times available for play w/at least 1 lane available for lap swimming

Space for individual exercise and recreation may be limited or not available during Swim School Small Group classes.



Financial assistance is available through funding from the United Way of Southeast Mississippi.