



HATTIESBURG POOL SCHEDULE

August 2020

Schedule subject to change

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 to 8 am Lap Swim & Adult Fitness					8 am to Noon Open Swim	Closed on Sundays until further notice.
8 to 9 am WaterFit Classes Lap Swim	8 to 9 am Lap Swim & Open Swim	8 to 9 am WaterFit Classes Lap Swim	8 to 9 am Lap Swim & Open Swim	8 to 9 am WaterFit Classes Lap Swim		
9 am to 4:30 pm Open Swim	9 to 10 am WaterFit Classes Lap Swim	9 am to 4:30 pm Open Swim	9 to 10 am WaterFit Classes Lap Swim	9 am to 4:30 pm Open Swim		
4:30 to 6:45 pm YHF Swim Practice & Open Swim <i>Lap lanes will be limited during this time.</i>	10 am to 4:30 pm Open Swim 4:30 to 6 pm YHF Swim Practice & Open Swim <i>Lap lanes will be limited during this time.</i>	4:30 to 6:45 pm YHF Swim Practice & Open Swim <i>Lap lanes will be limited during this time.</i>	10 am to 4:30 pm Open Swim 4:30 to 6 pm YHF Swim Practice & Open Swim <i>Lap lanes will be limited during this time.</i>	4:30 to 6:45 pm YHF Swim Practice & Open Swim <i>Lap lanes will be limited during this time.</i>		
	<i>Lap lanes will be limited during this time.</i> 6 pm to 6:45 pm YHF Swim Practice Waterfit Open Swim (Shallow end only)		<i>Lap lanes will be limited during this time.</i> 6 pm to 6:45 pm YHF Swim Practice Waterfit Open Swim (Shallow end only)		Important Notes YHF = Y Hub Fins Swim Team Open Swim = times available for play w/ at least 1 lane available for lap swimming. Y Swim School sessions will be held during this time (see <i>Aquatics Program Guide</i> for details). Lap Lanes and Open Swim will be limited during all program times.	
<p>Coming in September! Swim School Small Group Classes - Adult Swim & Stroke classes - YHF full team returns to the pool! Follow us on Facebook and check our website for updates!</p>						

Pool Rules

- Children must be 10 to be in the pool alone
- Children in lifejackets must have a parent in the water and within arms reach at all times
- Diving allowed from deep end wall only
- Prolonged breath holding is not allowed

Using the Spa

You must be 18 years old or older to use the spa.

For your health, please limit the use of the spa to 10 minutes or less. Consult your physician before using the spa if:

- you are pregnant
- you have high blood pressure
- you have a history of heart problems
- you have any other medical condition

Required Lifeguard Breaks

When only 1 lifeguard is on duty, the lifeguard is required by Y-USA required code to take a 10 minute break each hour. This break will be taken at the :50 minute mark.

During this break, all swimmers may be asked to clear the pool and exit the pool deck.

Due to the COVID-19 pandemic, this schedule is subject to sudden change. Please make every attempt to follow Social Distancing guidelines.



Financial assistance for all programs is available through funding from The YMCA Campaign for Youth & Families and The United Way of Southeast MS.