





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HATTIESBURG POOL SCHEDULE

Spring 2021

Schedule subject to change

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 to 8 am Lap Swim & Adult Fitness Use						
8 to 9 am Water Aerobics & Lap	8 to 9 am Open & Lap Swim	8 to 9 am Water Aerobics & Lap Swim	8 to 9 am Open & Lap Swim	8 to 9 am Water Aerobics & Lap Swim	8 am to Noon Swim School Group Classes Lap & Open Swim	1 to 4:45 pm Lap & Open Swim
9 to 10 am Lap & Open Swim	9 to 10 am Water Aerobics w/ Amy Lap Swim	9 am to 1 pm Lap & Open Swim	9 to 10 am Water Aerobics w/ Amy Lap Swim	9 to 10 am Lap & Open Swim		
10 to 10:30 am Open Swim	10 am to 3 pm Open & Lap Swim		1 to 2 pm Y Afterschool Swim Lap Swim (1 Lane)	10 am to 3 pm Open & Lap Swim	10 am to 1 pm Open & Lap Swim	1 to 4:30 pm Family Fun Time Featuring Wibit
Water Competency for Adults (10-10:45)		10:30 to 11:30 am Home School PE Rec Swim Lap Swim (1 lane only)				
11:30 am to 3 pm Lap & Open Swim	3 to 8:45 pm YHF Swim Practice From 3:30 to 7 pm	3 to 8:45 pm YHF Swim Practice From 3:30 to 7 pm	3 to 8:45 pm YHF Swim Practice From 3:30 to 7 pm	3 to 8:45 pm YHF Swim Practice From 3:30 to 7 pm		
3 to 8:45 pm YHF Swim Practice From 3:30 to 7 pm	Swim School Group Classes From 3 to 7 pm	Swim School Group Classes From 3 to 7 pm	Swim School Group Classes From 3 to 7 pm	Swim School Group Classes From 3 to 7 pm		
Swim School Group Classes From 3 to 7 pm	Deep Water Aerobics w/ Kaitlyn From 6 to 6:45	Deep Water Aerobics w/ Kaitlyn From 6 to 6:45	Deep Water Aerobics w/ Kaitlyn From 6 to 6:45	Deep Water Aerobics w/ Kaitlyn From 6 to 6:45	DID YOU KNOW? Benjamin Franklin was an avid swimmer. He wrote "The Art of Swimming, A Perspective". He is also credited with inventing what we now know as swim fins!	
Water Running w/ Kristin From 5:30 to 6:15	Boy Scouts Merit Badge Training From 7 to 7:45 pm	Boy Scouts Merit Badge Training From 7 to 7:45 pm	Boy Scouts Merit Badge Training From 7 to 7:45 pm	Boy Scouts Merit Badge Training From 7 to 7:45 pm		
BSA ScoutReach From 7 to 7:45 pm	Open Swim From 7 to 8:45 pm	Open Swim From 7 to 8:45 pm	Open Swim From 7 to 8:45 pm	Open Swim From 7 to 8:45 pm		
Open Swim From 7 to 8:45 pm						
To accommodate instructional programming, lap swimming may be limited from 3:30 and 7 pm. Please check with the lifeguard staff for availability.						

Pool Rules

- Children must be 10 to be in the pool alone
- Children in lifejackets must have a parent in the water and within arms reach at all times
- Diving allowed from deep end wall only
- Prolonged breath holding is not allowed

Using the Spa

You must be 18 years old or older to use the spa.

For your health, please limit the use of the spa to 15 minutes or less. Consult your physician before using the spa if:

- you are pregnant
- you have high blood pressure
- you have a history of heart problems
- you have any other medical condition

Required Lifeguard Breaks

When only 1 lifeguard is on duty, the lifeguard is required by Y-USA adopted code to take a 10 minute break each hour. This will be at the :50 minute mark.

Schedule Notes

YHF = Y Hub Fins Swim Team. Depending on attendance, a lane may be available for lap swimming. Please see the lifeguard staff.

Open Swim = times available for play w/ at least 1 lane available for lap swimming

Space for individual exercise and recreation may be limited or not available during Swim School classes.



Financial assistance is available through funding from the United Way of Southeast Mississippi.