



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PETAL POOL SCHEDULE

Spring 2021

Schedule subject to change

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 to 9 am Lap Swim & Adult Fitness						
9 to 10 am Water Aerobics Lap Swim	9 am to 3 pm Open & Lap Swim	9 to 10 am Water Aerobics Lap Swim	9 am to 3 pm Open & Lap Swim	9 to 10 am Open & Lap Swim	8 am to Noon Swim School Group Classes YHF Swim Practice (9 to 11 am) Lap Swim & Open Swim	1 to 4:45 pm Lap Swim & Open Swim
10 to 11 am Therapeutic Water (Warm Water Pool) Open & Lap Swim		10 to 11 am Therapeutic Water (Warm Water Pool) Open & Lap Swim		10 am to 3:30 pm Open & Lap Swim		
11 am to 3 pm Lap & Open Swim		11 am to 3 pm Lap & Open Swim				
3 to 5 pm Y Hub Fins Swim Practice Swim School Group Classes Lap Swim	3 to 5 pm Y Hub Fins Swim Practice Swim School Group Classes Lap Swim	3 to 5 pm Y Hub Fins Swim Practice Swim School Group Classes Lap Swim	3 to 5 pm Y Hub Fins Swim Practice Swim School Group Classes Lap Swim	3:30 to 4:30 pm Y Afterschool Program Swim Time Open & Lap Swim	Noon to 3:45 pm Lap Swim & Open Swim	
5 to 7 pm Swim School Group Classes Lap & Open Swim	5 to 7 pm Swim School Group Classes Lap & Open Swim	5 to 7 pm Swim School Group Classes Lap & Open Swim	5 to 7 pm Swim School Group Classes Lap & Open Swim	4:30 to 7:45 pm Pool Parties Open & Lap Swim		
7 to 8:45 pm Lap & Open Swim	7 to 8:45 pm Lap & Open Swim	7 to 8:45 pm Lap & Open Swim	7 to 8:45 pm Lap & Open Swim			

Pool Rules

- Children must be 10 to be in the pool alone
- Children in lifejackets must have a parent in the water and within arms reach at all times
- Diving allowed from deep end wall only
- Prolonged breath holding is not allowed

Using the Warm Water Pool

Children 12 and under must be supervised by an adult at all times. Any child using the Warm Water Pool, who cannot stand with their mouth out of the water, is required to wear a lifejacket and have a parent in the water at all times.

No diving is allowed.

Required Lifeguard Breaks

When only 1 lifeguard is on duty, the lifeguard is required by Y-USA required code to take a 10 minute break each hour. This break will be taken at the :50 minute mark.

During this break, all swimmers may be asked to clear the pool and exit the pool deck.

DID YOU KNOW?

Benjamin Franklin was an avid swimmer. He wrote "The Art of Swimming, A Perspective" and is credited for inventing what we know as swim fins.



Financial assistance for all programs is available through funding from The YMCA Campaign for Youth & Families and The United Way of Southeast MS.